



Bamber Valley Elementary School

Independent School District 535
2001 Bamber Valley Road Southwest • Rochester, Minnesota 55902

Brenda Wichmann
Principal

Kristin Engbrecht
Assistant Principal

Heather Klavetter
Associate Principal

Dear Parent(s)/Guardian(s),

Healthy eating is important for children. Research states that children who eat three meals daily are higher achievers in school and have a lower rate of absenteeism. At Bamber Valley Elementary, we work hard to ensure students receive a healthy snack and lunch each day to support their developing brains. These healthy eating habits should not stop when the weekend comes. We realize that sometimes families have a difficult time providing everything that is needed and we would like to help.

This year, your family has been selected to participate in a program called "Food for Friends," which is sponsored by Autumn Ridge Church and Channel One Food Bank and Food Shelf.

If you would like to participate in the program, your child is eligible to bring a backpack home every Friday. The backpack will have a variety of foods including peanut butter, juice, bread, crackers and fruit. We ask that the backpack be returned to the office each Monday to be filled for the following Friday.

If you are interested in participating in "Food for Friends" please sign and return the bottom of this form to the office. If you have questions about the program please call me at (507)328-3030.

Sincerely,

Brenda Wichmann
Principal

Student Name: _____

Grade: _____ Classroom Teacher: _____

I give permission for my child(ren) to participate in the "Food for Friends" program.

I do not give permission for my child(ren) to participate in the "Food for Friends" program.

Number of children in the home under age 18: _____

Any food allergies? No

Yes

If yes, please explain _____

Parent/Guardian Signature _____